



Way of the Spirit

PRAYER & LEARNING • COMMUNITY • SPIRITUAL GROWTH • LIVING SPIRIT-LED

- **TWO YEAR** program
- **TWO RESIDENTIAL RETREATS** near Richmond, Indiana
- **TEN ONLINE SESSIONS** — live, interactive content and reflection
- **RESPECTED CURRICULUM** for spiritual growth and Spirit-led action from the wisdom of Quaker-Christian spirituality. Relevant and responsive.
- **EXPERIENTIAL APPROACH** integrates study content with spiritual practice, prayerful dialogue, shared worship, and outward efforts
- **EXPERT FACILITATORS** from Quaker pastoral and unprogrammed worship traditions
- **SMALL COHORT** — a courageous, collaborative learning community
- **ONGOING CONNECTION** through private online platform

NEW MIDWEST PROGRAM CYCLE

February 2026 - Fall 2027

Q&A Session, Nov. 6, 2025, 7pm Eastern / 4pm Pacific
Apply by December 15, 2025

- *How do you sort the Spirit's guidance, your unique giftedness, and the clamor of today's urgent needs?*
- *What helps ground and sustain your efforts for peace, justice, leadership, or compassionate service?*

Join a one-of-a-kind, highly engaging program for spiritual growth and faithful action. Participants are Quakers and sincere seekers aligned with the *Way of the Spirit* commitment to contemplative prayer, experiential learning, and living each day guided by the Holy.

Together we build a welcoming community to encourage discernment, spiritual giftedness, and stretch in everyday ministry. Since 2011, when *Way of the Spirit* began, this will be the first program centered in the Midwest. A core intention is to support young adults in faithful leadership.

Way of the Spirit is a ministry of GOOD NEWS Associates.
Program details and application at goodnewsassociates.org

Every one of us is called to be a contemplative—not in the sense of a particular vocation we call 'the contemplative life,' but in the sense of a holy habit of contemplative love that leads us forth in partnership with God into creative and redeeming work. —Richard Foster (Quaker)

